



A journey to manifest your Next Chapter

Because the **time is now** & **you really deserve it**

3 Months

Weekly sessions
Weekly update calls
Transformation rituals
Meditations



María Milagros Kowalski

Women Dream Manifestress
Expert in Female Spirituality



I offer **you** a safe and sacred space to
clear the past, understand your present
and create **your best & highest future**





I am a seasoned **shamanic and energy practitioner** with more than 20 years of experience in the field of self development through the healing arts.

I've been trained in different healing techniques in the US, Spain, México & Venezuela
(Reiki, Munay -Ki, Shamanism, Herbalism, Family Constellations, Yoga & Healing theater)

I've experienced a series of **spiritual awakenings** and a change of consciousness that leads me to share it with you today.





During times of transition we need that great companion to help us gain clarity and vision.

When you're ending a stage in your life and a new one is about to start can be very scary and confusing.

Sometimes you can lose your sense of identity as you're no longer who you've been but you're not the new version of yourself yet.

This special moment in life might bring up unresolved issues from the past and barriers that keep you from taking that leap to your

Next Chapter
with confidence, power and joy



Shamanism is the first peoples' original way of understanding the Universe and the law of relationships.

This way of life takes us back to **living in harmony** on the Earth & with all of our relations





I've come to understand over the years of working on myself and with my clients..

That in order to be able to live a fulfilled life we need to integrate these 4 timelines of our story:

The experiences of our ancestors

The energy we brought from past lives

What we live in this life that impacted us

The historical moment that is present in the collective consciousness





Symbolism of Hummingbird

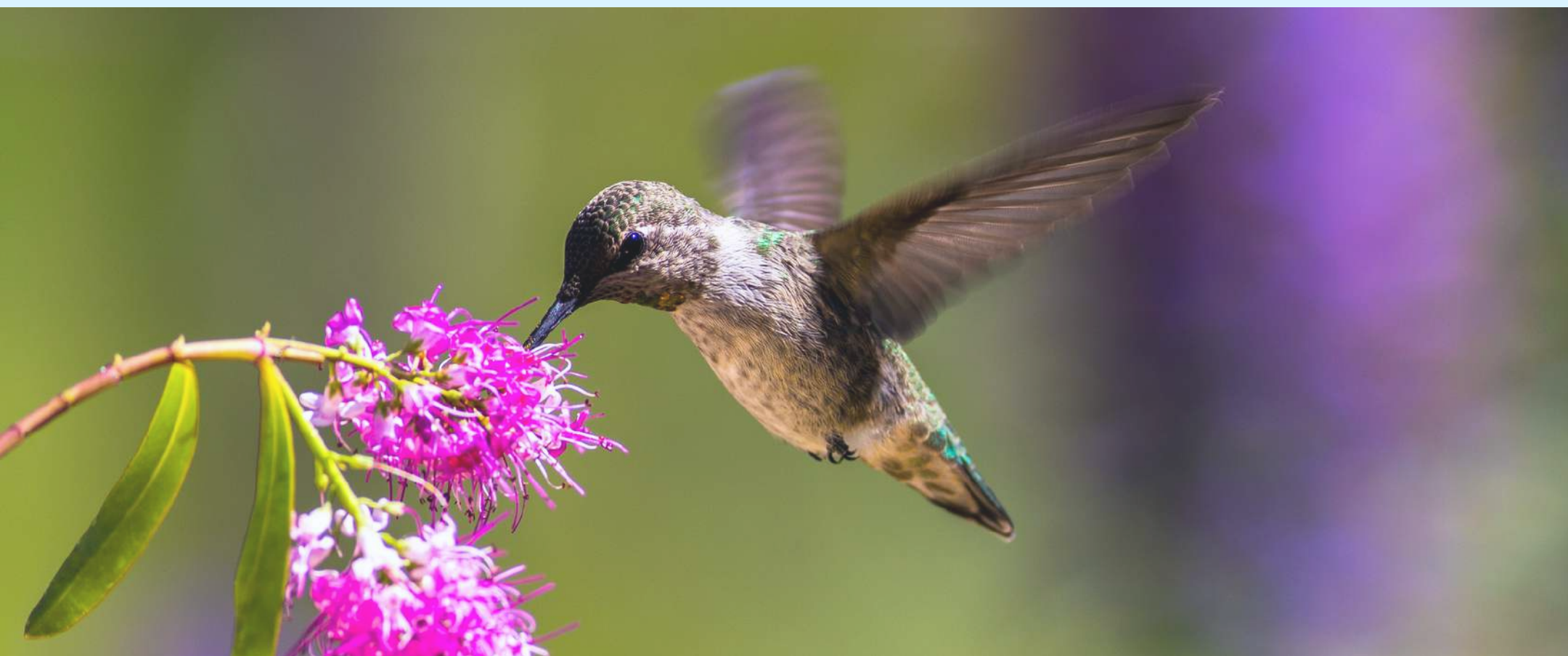
The Hummingbird is a small little bird that flies great distances by only drinking from the nectar of flowers. Hummingbird helps us to live by nourishing from the **sweetness of life.**

They flap their wings at a very high speed helping us **elevate the frequency** in our life to one of love and happiness.

Hummingbirds are the only bird that can travel backwards.

Spiritually it help us travel in all the dimensions across time and space:

Past, present & future to bring healing





Testimonials

“This beautiful woman is amazing, if you need healing she will open the door for you. I feel at peace with my past and I am open to my future with hope and excitement” Roxanna

“My experience with Maria was exquisite on many levels. The conversation, the dance and the energy opened up a place of sweetness inside of me that was blocked. Every day more and more I am embracing my femininity, my wisdom and my heart” Manjit

"A beautiful and powerful experience. She helped me heal and let go"
Krista

“I feel so alive and renewed! The sessions with Maria are not only to heal the body but also the soul. Maria is a true shamanic healer” Patricia

"María is the best, I've worked iwth very well known healers and María helped me so much after my divorce. I feel very fortunate to have found her"
Miriam

“In the retreat with María I was able to close a cycle that I had been healing for years! I was able to forgive myself and free myself. Thank you Maria for creating a safe and sacred space for this rebirth”
Dayanna





Sisterhood is the cure



It will be **my pleasure** to
accompany you on this
part of your **Soul**
journey.



Ahó Mitakuye Oyasin

A Native American Lakota blessing:

May you have harmony in all your relations!



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